



WHAT'S YOUR CHAIN OF EVENTS?

THE ATHLETE

- **Morning:** Go for an early run along the Kettle Valley Rail Trail up to Munson Mountain and stop to watch the sunrise over Okanagan Lake.
- **Midday:** Grab a healthy and nutritious lunch at a café on Main Street made with the finest and freshest local produce.
- **Afternoon:** Jump on your road bike and ride the 45km loop around Skaha Lake or enjoy the vineyards of Naramata Bench Road. Don't forget to strap on your GoPro to capture the epic scenery en-route.
- **Evening:** Enjoy a tall glass of chilled, craft beer and a bite to eat at one of the City's 5 craft breweries, followed by a relaxing walk along the scenic Okanagan Lakeshore promenade.

THE FOODIE

- **Morning:** Take a leisurely stroll or cycle along Okanagan Lakeshore stopping downtown for a coffee and pastry at a pavement café.
- **Midday:** If it's Saturday, the Farmer's Market and Downtown Market are a must on any other day get a taste of the local produce by picking your own at one of the regions many orchards.
- **Afternoon:** Head to the heart of wine country and sample some of the best libations in world. With over 60 wineries within a 20 minute drive you'll be spoiled for choice.
- **Evening:** Experience the most tantalizing tastes at an al-fresco long-table dinner. Fine wine, farm-to-table food and delightful company - life doesn't get much better.



WHAT'S YOUR CHAIN OF EVENTS?

THE FAMILY

- **Morning:** Hire a family bike and pedal along the shores of Okanagan Lake, posing for a picture at the Peach on the Beach.
- **Midday:** Go for a nature-hike on the Kettle Valley Rail Trail or rent a tube and float the Channel. The KVR, Channel and Skaha Lake Park are great spots to catch sight of local wildlife such as Ospreys, Painted Turtles or Deer.
- **Afternoon:** Take a picnic basket and a couple of lawn chairs down to the beach and let the kid's frolic in the cool clear water, while the adults relax and unwind under the warm sunshine.
- **Evening:** Build up an appetite with a round or two of mini-golf then sit down to enjoy a succulent, fresh-made burger and fries, topped off with a delicious ice-cream treat.

THE ADVENTURER

- **Morning:** Take a dip in Skaha or Okanagan Lake. In the summer months the water is not too chilly and you can always warm up afterwards with a cup of fresh, local coffee.
- **Midday:** Head into the backcountry on a mountain bike. There are miles of trails, for all abilities and the scenery is just stunning.
- **Afternoon:** Float the Channel. If you're not sure what that means, ask a local - it's a rite of passage for any true Pentictonite.
- **Evening:** Try your luck at the City's new casino. If you're not much of a gambler, you can still enjoy a delicious meal on the roof-top terrace as well as live entertainment.